

Contrelle® Activgard

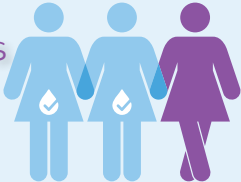
For the effective management of stress and mixed urinary incontinence!¹

Bladder support for women

Contrelle® provides gentle support to the bladder neck and urethra to help prevent bladder leaks. Unlike other bladder supports, Contrelle is made from light weight, SUPER-SOFT, biocompatible foam which is comfortable to insert, wear and remove.¹

- Disposable, easy-to-use, self-fitted, bladder support.
- Hygienic alternative to pads.
- Available in 3 sizes.
(SIZING KIT contains all 3 sizes).
- Up to 16 hours continuous bladder control.
- For daily use, or just during exercise.
- No need to remove during the day, even when going to the toilet.
- Superior comfort & immediate relief. Improves quality of life.²
- Does not affect the ability to perform pelvic floor exercises when in place.



2/3 ^{rds} 

of women became completely dry by using Contrelle.^{2,3}

9 ^{OUT OF} **10** 

women report they have either stopped leaking altogether or experienced significantly reduced leakage.²

INTERESTED in offering Contrelle to your patients then please get in touch. Complimentary Sizing Kits are available.

Visit our website www.contrelle.com, email us at info@contrelle.com or call us on **0330 229 2161**

References:

1. Sander P, Thyssen H, Lose G, Andersen JT. Effect of a vaginal device on quality of life of women with urinary stress incontinence. *Obstet Gynecol.* 1999 Mar;93(3):407-11.
2. Thyssen HH, Lose G. Long term efficacy and safety of a disposable vaginal device (continence guard) in the treatment of female stress incontinence. *Int Urogynecol J Pelvic Floor Dysfunct.* 1997;8(3):130-2.
3. Lone Mouritsen. Effect of vaginal devices on bladder neck mobility in stress incontinent women, Department of Obstetrics and Gynecology, Gentofte Hospital, University of Copenhagen, Denmark. *Acta Obstetrica et Gynecologica Scandinavica* 2001 80: 428-431.